

Mohkam Singh

MSBS Candidate - Western University of Health Sciences

A Better World

My understanding of spirituality is rooted in the Sikh tradition. Sikhi is a philosophy founded in the 1400s in Punjab, roughly 500 years before the partition of India and Pakistan. Guru Nanak Dev, the founder of the faith, had a similar story to Michel's disappearance. Historical records state that he went to bathe and meditate at the Beas River. His companion, Mardhana, found his clothes on the riverbed, but Nanak was not in sight. After three days, he emerged and stated "There is no Hindu and no Musalman..." He had achieved enlightenment and met with the one true *Lord*. In our modern context, he was saying that in the eyes of *God*, our worldly divisions do not matter. The *Great Spirit*, which the Sikhs refer to as *Waheguru*, has no religious preference and the focus of our time in our physical body is to become closer to *Waheguru* through service and meditation with the goal for our soul to merge with the omnipresent soul of the universe (*Waheguru*).

I am skeptical of Michel's intergalactic journey. Much of what he realised through his experience are philosophies deeply integrated in Dharmic belief systems. Many of the historical accounts, geographic anomalies, and species origination stories follow trends of many occult and pseudoscientific theories from the 1800s and 1900s. I am not skeptical that he had a divine intervention, but that the *Divine Spirit* presented itself to him in the form of Thao and Michel's beautiful journey. As stated in chapter 6, the *Great Spirit* created the physical universe to experience spirituality through materialism. This was to "satisfy his spiritual need." Could the *Great Spirit* have not implanted such an extraordinary story to help Michel relay a message of

true peace? In the end, does the validity of Michel's story truly matter or is it the lessons learned that we should focus on?

In accordance with the philosophy of Guru Nanak, Jesus Christ, *Thiaouba Prophecy* and many other spiritual guides, each of us have a piece of the *Great Spirit* within us. The greatest realization we can obtain is to assist our spiritual (astral) body in merging with the one true *Spirit*. It is easier for us as modern people with a strong foundation in the sciences to interpret a message of divinity through the perspective of science and technology. For us to be able to shift a focus from worshipping materialism to using our material universe to eventually realise the true meaning of our physical lives is a message that must vibrate through the minds of each human being. One might say that the best way to promote a better world is to help spread this message. I do not believe we are at a time in our civilization where we can collectively focus on the development of spirituality. Poverty, disease, nuclear arms, and many other issues plague our ability to obtain this goal. As a medical professional, I am all too familiar with some of the issues within our society, making our spiritual realization that much harder to obtain. Instead, each of us should focus on developing our internal spiritual self while aiding in the relief of the issues that prevent each of our brothers and sisters to progress.

With this perspective in mind, the message shared with Mr. Desmarquet is universal and extremely important in the context of our current time. As stated multiple times in *Thiaouba Prophecy*, the divine has made "his" presence known countless times to assist us in our pursuit of a spiritual awakening. As individuals, our ability to contribute to a greater world is not difficult. Our current society is based on capitalist ideals which favor profitability over humanity. The more we focus on monetary growth, the less we focus on developing our spiritual (astral) being. The ideal for our society should be to use our modern technology to give us more time to develop our spiritual self and less on how to increase monetary profitability. As Guru Nanak

stated, when we leave our physical bodies, our material world is left behind. Our focus should thus be on aiding those around us to self-realization, propagating the chain reaction necessary for humanity to progress to a state of true bliss and oneness.

So the question posed by this scholarship is how I would promote a better world. As an individual who is pursuing a career in medicine, my promotion of a better world starts with delivering medical care to people in parts of the world who need it. I am blessed to live in a city where there are multiple hospitals within a 10 mile radius of my residence. I am blessed to have access to the infinite knowledge provided by the internet. I am blessed to be able to pursue a career path of my choosing. With all I have been provided by *Waheguru, God, or the Great Spirit* (whatever name you prefer), I know my astral self was put in my current body to help those less fortunate than me, at least in this lifetime. My goal is to practice medicine in parts of the world where the luxuries I have are not as readily available. Through the practice of medicine, I hope that I can promote health, kindness, and a sense of well-being to everyone I meet. To heal the physical body with an open heart so each person I meet can spend more time focused on developing their relationship with their higher-self, and eventually the *Great Spirit*.

How does scholarship play into my role as an earthly healer? Since my achievement is based on my ability to pay for it, the sooner I can alleviate my financial burden, the sooner I can depart on my divine journey. In Sikhi we have a concept referred to as *Seva*, or selfless service. The idea behind *Seva* is to serve humanity through righteous actions, asking for nothing in return. Only through this service and meditation can a practitioner become closer to *Waheguru* (the *Great Spirit*).

My promotion of a better world does not stop at delivering medical care, but will continue through political pursuit. While I agree that most politicians have individualistic agendas, in order to truly change the mentality of the populous, one must change the mentality of those in power.

From the political stage, I will use our capitalist system to help promote good health, environmental consciousness via green technologies, and a pursuit away from the reliance on money through labor; the goal being a society where work is limited so each person can spend more time with their loved ones and obtaining a stronger relationship to their higher-self. How can we even dream of developing our spirituality on a collective scale if there are hungry mouths and overworked people? How can we focus on meditation when we live in the “planet of sorrows?” If each of us takes the time to help those less fortunate than us, would we not live in a world where we are selfless and helping each other to achieve true self-fulfillment? What I can do to promote a better world in the scope of spirituality is to continue on my journey and become a healer. By becoming a healer, I can help end human suffering. Once our civilization has cured human suffering, we will be one step closer to a true spiritual awakening. This goal may not be achieved in our lifetime, but through successive lives led by righteousness, the realization is not far-fetched.

Thank you for your consideration.